

About your children's School Meals

We are Nottingham Catering Eat Culture - Education, the caterer at your school and the largest provider in Nottingham.



Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits, you may be entitled to continue having Free School Meals.

Check your eligibility and apply at

www.gov.uk/apply-free-school-meals

Our Food

Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced, and also low in fat and sugar

Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet form please complete at the below.

<https://forms.office.com/e/nEYJUzbEZt?origin=lprLink>



MSC-C-54995 Seafood with this mark comes from an MSC-certified sustainable fishery. www.msc.org

 Nottingham Catering
Eat Culture - Education

LUNCHTIME

Glade Hill Primary EYFS/Yr1

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



Fishy Feast Monday

Fish fingers served with potato wedges, tomato sauce, peas or crispy fresh salad

Mains

Around the world Tuesday

BBQ chicken with rice, flatbread & seasonal vegetables

Carvery Wednesday

Pork sausage with gravy served with creamy mashed potato, seasonal vegetables & yorkshire pudding

Tuck In Thursday

Beef lasagne & baguette slice served with seasonal vegetables

Pizza Party Friday

Cheese & tomato pizza served with chips & beans or crispy fresh salad



Something Different

½ Cheese & tomato panini with potato wedges & crispy fresh salad

Tomato & basil pasta, baguette slice & crispy fresh salad

Chicken mayo & sweetcorn wrap with crispy fresh salad

Jacket potato with Cheese or Tuna served with crispy fresh salad

Tuna pasta with baguette slice & crispy fresh salad

Yummy Dessert

Chocolate muffin with milk
or Fresh Fruit Salad

Marble cake & custard
or
Fresh Fruit Salad

Oaty Cookie with milk
or
Fresh Fruit Salad

Lemon shortcake
slice or
Fresh Fruit Salad

Fruit
or
Fresh Fruit Salad



VEGETARIAN

Fishless fingers served with potato wedges, tomato sauce & peas or crispy fresh salad

Vegetable samosas pie with flatbread, mint yogurt & mango chutney & seasonal medley

Veggie Sausage with gravy served with creamy mashed potato, seasonal vegetables & yorkshire pudding

Macaroni cheese with baguette slice & seasonal vegetables



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Fishy Feast Monday

Around the world Tuesday

Carvery Wednesday

Tuck In Thursday

Pizza Party Friday

Mains

Fish fingers served with potato wedges, tomato sauce, beans or crispy fresh salad

Chicken kebab with rice & flatbread served with seasonal vegetables or crispy fresh salad

Roast chicken with gravy served with creamy mash potato, seasonal vegetables & yorkshire pudding

Homemade pork sausage roll with boiled potato & seasonal vegetables

Cheesy margarita pizza Served with chips, sweetcorn or crispy fresh salad

Something Different

½ Cheese & tomato panini served with potato wedges & crispy fresh salad

Jacket potato with cheese or tuna served with crispy fresh salad

Jacket potato with cheese & tuna served with a crispy fresh salad

Cheese roll with crispy fresh salad

Tomato & basil pasta with baguette slice & sweetcorn or crispy fresh salad

Yummy Dessert

Strawberry or vanilla Ice cream & fruit
or
Fresh Fruit Salad

Fruit
or
Fresh Fruit Salad

Shortbread cookie & milk or
Fresh Fruit Salad

Vanilla sponge with sprinkles or
Fresh Fruit Salad

Flapjack & raisins or
Fresh Fruit Salad

VEGETARIAN

Veggie sausage served with potato wedges, tomato sauce, beans or crispy fresh salad

Quorn fajitas wrap with rice & seasonal vegetables or crispy fresh salad

Quorn roast with gravy served with creamy mash potato, seasonal vegetables & yorkshire pudding

Homemade veggie sausage roll with boiled potato & seasonal vegetables



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Fishy Feast Monday

Mains

Battered fish served with potato wedges, beans or crispy fresh salad

Around the world Tuesday

Chicken punjabi curry served with rice & flatbread, seasonal vegetables or crispy fresh salad

Carvery Wednesday

Roast chicken with gravy served with boiled potato, seasonal vegetables & yorkshire pudding

Tuck in Thursday

Pork sausage served with mashed potato, gravy & sweetcorn

Pizza Party Friday

Cheesy margherita pizza served chips & crunchy carrot sticks or crispy fresh salad



Something Different

Cheese snack with potato wedges & beans or crispy fresh salad

Cheese sandwich served with crispy fresh salad

Tuna melt panini served with crispy fresh salad

Jacket potato with cheese & tuna and crispy fresh salad

Jacket Potato with tuna or cheese served with crispy fresh salad

Yummy Dessert

Jelly & fruit or Fresh Fruit Salad

Fruit or Fresh Fruit Salad

Cornflake Tart or Fresh Fruit Salad

Melting moments biscuit & Milk or Fresh Fruit Salad

Chocolate brownie or Fresh Fruit Salad



VEGETARIAN

Fishless fingers served with potato wedges, beans or crispy fresh salad

Veggie lasagne served with baguette slice, seasonal vegetables or fresh salad

Vegan roast with gravy served with boiled potato, seasonal vegetables & yorkshire pudding

Veggie sausage served with mashed potato, gravy & sweetcorn

